

## Suprep Bowel Prep Instructions

Clear liquid diet all day the day prior to exam.

Clear liquids include: beef or chicken broth made with bullion cubes, 7 up, Sprite, apple juice, tea, black coffee, water, sports drinks, light colored jello. (Nothing red or purple)

### **Evening Prior Dose instructions: 5:00 pm**

Step 1- Pour one (1) 6 oz. bottle of Suprep liquid into the container provided

Step 2- Add water to the fill line of the 16 oz. container and mix

Step 3- Drink ALL the liquid in the container

Step 4- You MUST drink two (2) more 16 oz containers of water over the next 1 hour.

### **Evening Prior Dose instructions: 9:00 pm**

Repeat steps 1-4 using the other 6 oz. Bottle.

Do not have anything to eat or drink, and no medications after midnight the night before your exam or the morning of your exam.

### **Split Dose Instructions: 9:00pm Evening before exam**

Step 1- Pour one (1) 6 oz. bottle of Suprep liquid into the container provided

Step 2- Add water to the fill line of the 16 oz. container and mix

Step 3- Drink ALL the liquid in the container

Step 4- You MUST drink two (2) more 16 oz containers of water over the next 1 hour

Do not have anything to eat or drink, and no medications after midnight the night before your exam.

\_\_\_\_\_ am morning of exam

Repeat steps 1-4 using the other 6 oz. Bottle.

Note: You must finish drinking the final glass of water from step 4 at least 3 hours before you arrive for your procedure