

# 1 HALFLYTELY PREP

## DAY BEFORE EXAM

Clear liquid diet all day. This includes beef or chicken broth made from bullion, apple juice, ginger ale, 7 up, Sprite, tea, black coffee, water, sports drinks and light colored Jello (no red or purple).

- Noon
- \* Fill HalfLyteLy container with water to line. Shake well and place in refrigerator.
  - \* Take the Bisacodyl tablet with 8oz of clear liquid.
- 5:00PM
- \* Begin drinking HalfLyteLy. Drink one 8oz glass every 15 minutes until container is empty.
  - \* Drink at least three 8oz glasses of clear liquid before retiring.
- Midnight
- \* Nothing by mouth, including medications after midnight.

