

MEDICAL HISTORY

Please check the appropriate box if you or a blood relative have ever had any of the following medical conditions:

	PATIENT	MOTHER	FATHER	SIBLING	CHILD
Heart Attack (age) _____	_____	_____	_____	_____	_____
Atrial Fibrillation	_____	_____	_____	_____	_____
Irregular Heart Beat	_____	_____	_____	_____	_____
Hypertension	_____	_____	_____	_____	_____
Congestive Heart Failure	_____	_____	_____	_____	_____
Rheumatic Heart Disease	_____	_____	_____	_____	_____
Congenital Heart Disease	_____	_____	_____	_____	_____
Breast Cancer (age) _____	_____	_____	_____	_____	_____
Colon Cancer (age) _____	_____	_____	_____	_____	_____
Leukemia	_____	_____	_____	_____	_____
Melanoma (skin cancer)	_____	_____	_____	_____	_____
Ovarian Cancer	_____	_____	_____	_____	_____
Pancreatic Cancer	_____	_____	_____	_____	_____
Any other cancer	_____	_____	_____	_____	_____
Asthma	_____	_____	_____	_____	_____
Tuberculosis	_____	_____	_____	_____	_____
Colitis	_____	_____	_____	_____	_____
Crohn's Disease	_____	_____	_____	_____	_____
Colon Polyps	_____	_____	_____	_____	_____
Hepatitis	_____	_____	_____	_____	_____
Stomach Ulcer	_____	_____	_____	_____	_____
Kidney Disease	_____	_____	_____	_____	_____
Stroke	_____	_____	_____	_____	_____
Migraines	_____	_____	_____	_____	_____
Seizures	_____	_____	_____	_____	_____
Diabetes	_____	_____	_____	_____	_____
Goiter	_____	_____	_____	_____	_____
Mental Illness	_____	_____	_____	_____	_____
Depression	_____	_____	_____	_____	_____
Suicide Attempt	_____	_____	_____	_____	_____
Sleep Apnea	_____	_____	_____	_____	_____
Thyroid Disease	_____	_____	_____	_____	_____
Lupus	_____	_____	_____	_____	_____
COVID	_____	_____	_____	_____	_____
Osteoarthritis	_____	_____	_____	_____	_____
Reflux/Heartburn	_____	_____	_____	_____	_____

Any other medical conditions not listed: _____

PERSONAL HABITS

Do you currently smoke? Yes No If yes, Cigarettes Pipe Cigars
For how many years? _____ Packs per day _____

Have you smoked regularly in the past? Yes No If yes, when did you quit? _____

Do you currently use smokeless tobacco? Yes No Do you currently vape? Yes No
History of smokeless tobacco? Date Quit _____ History of vaping? Date Quit _____

Have you ever used recreational drugs? Yes No When? _____

Do you regularly drink alcohol? Yes No If yes, please answer next questions.
Beer: Bottles or cans per day _____ Wine: Glasses per day _____ Liquor: Ounces per day _____
Have you had 6 or more drinks of alcohol during a drinking session in the past year? Yes No

Do you awaken frequently at night? Yes No

Do you have more than one sex partner? Yes No

Has the person you live with hit or hurt you physically in the past? Yes No

Has any person verbally abused you? Yes No

FEMALE QUESTIONNAIRE

Are you pregnant or could you be? Yes No
Have you had a hysterectomy? Yes No If yes, date: _____
Do you still have monthly periods? Yes No
Have you ever had bleeding between your periods? Yes No
Do you feel bloated and irritable before your period? Yes No
Have you ever had discharge from nipple(s)? Yes No
Are you now or ever been on birth control pills? Yes No
Do you have regular PAP Smears? Yes No Last test _____
Do you have regular mammograms? Yes No Last test _____
Have you had a Bone Mineral Density Test? Yes No Last test _____

Number of pregnancies: _____ Live births: _____ Miscarriages: _____ Stillbirths: _____ Premature births: _____

Cesarean operations: _____ Pregnancy complications: _____

Thank you for your patience and cooperation in completing these forms. The information you provided will enable us to determine the medical care you may need.

Forms reviewed by: _____ Date: _____

Healthcare Provider Signature