

Contraindications: If pt has any of the following they should not receive Osmoprep

CHF

Renal Insufficiency/Renal Failure

Decompensated cirrhosis

Electrolyte abnormalities

ACE or ARB

IBD

>65 years of age

OsmoPrep

Day Before Exam

Clear liquid diet all day. This includes beef or chicken broth made from bullion, apple juice, ginger ale, 7 up, Sprite, tea, black coffee, water and light colored Jello (no red or purple). Sports drinks are an excellent choice for clear liquids.

Beginning at 11:00AM, drink 8oz of clear liquids every hour until 5:00PM.

5:00PM Take 4 OsmoPrep tablets with 8oz clear liquids

5:15PM Take 4 OsmoPrep tablets with 8oz clear liquids

5:30PM Take 4 OsmoPrep tablets with 8oz clear liquids

5:45PM Take 4 OsmoPrep tablets with 8oz clear liquids

6:00PM Take 4 OsmoPrep tablets with 8oz clear liquids

9:00PM Take 4 OsmoPrep tablets with 8oz clear liquids

9:15PM Take 4 OsmoPrep tablets with 8oz clear liquids

9:30PM
liquids

Take 4 Dulcolax tablets with 8oz clear

Midnight

Nothing by mouth, including medications after
midnight.