

MoviPrep Instructions

Evening prior

Clear liquid diet all day the day prior to exam.

Clear liquids include: beef or chicken broth made with bullion cubes, 7 up, Sprite, apple juice, tea, black coffee, water, sports drinks, light colored jello. (Nothing red or purple)

5:00 pm Evening before exam	Empty 1 Pouch A and 1 Pouch B into disposable container. Add lukewarm water to the top line of the container and mix to dissolve.
	The MoviPrep container is divided by 4 marks. Drink the solution down to next mark every 15 minutes until the full liter is consumed.
	Drink 16 oz of clear liquid of your choice

9:00 pm Evening before exam	Empty 1 Pouch A and 1 Pouch B into disposable container. Add lukewarm water to the top line of the container and mix to dissolve.
	The MoviPrep container is divided by 4 marks. Drink the solution down to next mark every 15 minutes until the full liter is consumed.
	Drink 16 oz of clear liquid of your choice

Nothing to eat or drink, no medications after midnight the night before the exam.